

Simon and Fiona: Dr Chalk and Dr Cheese (shorter version, 2010.)

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Where are you on the S-F spectrum? Simply tick next to the statement which most closely describes you as a GP. Tick those that apply to you in the S column, then enter the number of ticks after TOTAL = S. Do the same for the F column.

Your final score is expressed in the format: S(number of ticks)/F(number of ticks)

S - Dr Simon Chalk	F - Dr Fiona Cheese
Medicine is more a science than an art	Medicine is more an art than a science
Regards patients as clinical problems	Regards patients as needy people
Respected for being well organised and skilful use of evidence	Respected for being interested and skilful listening
GPs should not address patients' non-clinical needs	GPs should help with anything affecting patients' health
Does not run late	Often runs late
Generally seems on top of the task	Often seems overloaded
Scores low on burnout scales	May score high on burnout scales
Does not experience work as stressful	Experiences work as stressful
Complaints taken as part of the job	Complaints taken personally
Minimally engaged with peer appraisal	Welcomes and values peer appraisal
Comfortable with medical hierarchies	Uncomfortable when dealing w/colleagues
Does not dwell on matters that seem insoluble	Takes on problems others see as insoluble
Happy to run General Practice as a business	Happy to leave running the business to others
Strives for high earnings	Indifferent to high earnings
Finds lectures ideal for CPD	Enjoys group-based education
Seen as intolerant by some	Seen as a soft touch by some
Sought out by patients who value clarity	Sought out by patients who value support
TOTAL = S	TOTAL = F

Total up your scores for Chalk & Cheese. Use the two scores to identify your place on the Chalk-Cheese spectrum.